



Chesapeake  
ENERGY

# STRONG Families *festival*



**SATURDAY, Sept. 6**

(Magic Island)

9:00 am - Loading Race

3:00 pm - Keg Toss

**SUNDAY, Sept. 7**

(Kanawha Blvd.)

9:00 am - Fingal Fingers

3:00 pm - Truck Pull

**MONDAY, Sept. 8**

(Capitol Complex)

9:00 am - Squat Lift

Followed by Deadlift

3:30 pm - Giant Log Lift

**TUESDAY, Sept. 9**

(Univ. of Charleston)

9:00 am - Overhead Lift

3:30 pm - Atlas Stones

**FRIDAY, Sept. 12**

9:00 am - Power Stairs

(Hadad Riverfront Park)

Followed by Fingal Fingers

(Kanawha Blvd.)

3:30 pm - Car Walk

(Kanawha Blvd.)

**SATURDAY, Sept. 13**

(Coonskin Park)

9:00 am - Car Deadlift

3:00 pm - Overhead Lift

**SUNDAY, Sept. 14**

11:00 am - Plane Pull

(Airport)

7:30 pm - Atlas Stones

(Power Park)

Followed by Presentation

(Power Park)

*The schedule and event locations  
are subject to change.*

## Join us for the Met-Rx WORLD'S STRONGEST MAN COMPETITION

### *Festival Hours:*

**Sept. 6,7,13 - 9:00am-6:00pm**

**Sept. 12 - 12:00pm-6:00pm**

The Chesapeake Energy Strong Families Festival  
is a celebration of West Virginia's greatest strength  
- its children and families!

Co-sponsored by TEAM for West Virginia Children

For more information, go to

**[www.helpingkidswin.org](http://www.helpingkidswin.org)**

*Children must be accompanied by a  
guardian. Because the Met-Rx World's  
Strongest Man competition is a "made for  
television" production and necessitates  
"quiet on the set" the festival will stop for  
brief periods so families can watch the  
athletes compete.*

